



The Real McCoy

Newsletter of the McCoy Chapter
of the YMCA Alumni Association
Serving Northern and Central California and Northern Nevada

Spring Issue

February 2024
Volume 40, Issue 1

McCoy Chapter 96th Anniversary 1928-2024

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— By
Chris Logan
Chapter President

Comments from Chris

Happy Leap Year! 2024 is off to a great start! At our first Board Meeting of the year we reviewed our plans from the 2023 Retreat and set goals for the year.

Board updates:

After many years of dedicated service on the Board, **Ron Markillie** asked to "retire" as Chair of the Emergency Assistance Fund Committee. Thank you Ron for your leadership! **Andy Vamis** has agreed to serve as EAF coordinator. We also want to thank **Pam Sheble** for agreeing to serve as Treasurer in addition being our Newsletter Editor and Chief. **Stephen Waterman** asked to take a leave of absence from the Board.

Welcome to **Lee Muckey** for joining the McCoy Board as our representative to the National Service Project focus-ing on Volunteer Recruitment. **Bob Smeenck** has agreed to serve as a Technical Consultant for NSP. Bob will continue to serve on the McCoy Board. Many thanks to you!

We appreciate **Sally Stickney** for being our Interim Secretary and her

outstanding service with the Program Committee.

Thanks to **Bud Doane, Jan Dale and Greg O'Brien** for serving on our Nominating Committee.

Good News

In January, the McCoy Chapter received a very generous donation of \$3,500 from The Pipkin Family Foundation. \$500 was earmarked for the National Service Project (Tiny Homes). The balance is unrestricted support. A separate donation of \$1000 was sent to the Y Emergency Assistance Fund on behalf of the McCoy Chapter. We deeply appreciate Jan Pipkin and her family for the support.

There is still time to sign up for the Shakespeare Festival in Ashland, Oregon May 1 - 3 and Summer Fun in the Inland Northwest June 18-21.

Chris

Chris Logan

McCoy Chapter President

Coming Events

Shakespeare Festival
Ashland, OR - May 1-4

Fun in Northwest
Spokane, WA - June 18-21

Alumni Reunion at Sea
Galveston, TX - Jan 26-Feb 2, 2025





Henry J. McCoy
1847 - 1921
First General Secretary
San Francisco YMCA
1881 - 1915

Y Alumni Mission Statement

The mission of the YMCA Alumni Association is to enable members to promote a nurturing worldwide Christian fellowship that provides educational, social service and charitable opportunities.

The Real McCoy is the official Newsletter of the McCoy Chapter of the YMCA Alumni Association..

It is published two or three times a year: Spring, Summer and Winter. Articles and news for inclusion should be received by the 1st of the month of publication.

Submissions may be sent to Pam Sheble by e-mail (see emails in next column) or mailed to Pam at 2730 Sequoia Way, Belmont, CA 94002.

McCoy Award Winner - Maia Skreen - YMCA of Silicon Valley



Barb Cardenas and Julie Wesolek with Maia Skreen at the presentation on December 22nd at YMCA of Silicon Valley's Association Office

- Maia Skreen -

This year's McCoy award winner fulfilled local community needs in a manner that resonates profoundly with the community's vision. Her career trajectory took her from a frontline worker to Sr. Program Director. Her hands-on involvement with stakeholders at every level ensured that projects consistently achieved their goals. Her swift response and adaptability were instrumental in converting the Y afterschool program into an essential workers' program in collaboration with the local School District. Her long term commitment to the staff, families and community spanned 26 years.

Maia's unwavering commitment to go above and beyond, whether through attention to detail or a determination to find solutions for families, resulted in:

- 42% growth in enrollment
- increased fully subsidized slots through collaboration
- Program being voted top in the city for the past 7 out of 8 years

We are proud to recognize **Maia Skreen** as the recipient of this year's Henry J. McCoy Award, a gift of \$500.

McCoy Chapter Board

as of January 2023

President	Chris Logan christine.logan@gmail.com
Vice President	Bud Doane Budoane@yahoo.com
Secretary (interim)	Sally Stickney sallystick@aol.com
Interim Treasurer & Archivist	Pam Sheble pamsheble@comcast.net
Immediate Past President	Fred Stickney fredstick10@gmail.com
Membership Chair	Kathy Catanho kcatanho@pacbell.net
Newsletter Editor	Pam Sheble pamsheble@comcast.net
EAF Chair	Andy Vamis famismamis@gmail.com
National Service Project Chair	Lee Muckey lee@muckeys.com
International Chair	Tracy Muckey tracy@muckeys.com
McCoy Award/ YPN Liaison	Barbara Cardenas cardenasx3@aol.com and Julie Wesolek jwesolek4@gmail.com
Shakespeare Festival	Vacant
Members at Large	Jan Dale hikerjd@gmail.com Greg O'Brien gwob1@hotmail.com



Back Row: Greg O'Brien, Bob Smeenk, Bud Sheble, Fred Stickney, Bud Doane. Front Row: Sue Fletcher, Barbara Cardenas, Sally Stickney, Larry Benevento, Kathy Catanho, Erlene Beneveno, Pam Sheble, Regina Stoops, Chris Logan, Kim Slaney, Julie Wesolek

Harry's Hofbrau in Redwood City was the venue for this year's Christmas gathering. Although the weather was rainy, the following hardy souls showed up in their holiday finery to share a lovely lunch, fun, and fellowship:

Bud Doane, Barbara Cardena, Carolyn and Jack Wylie, Kathy Catanho and Dave Eakin, Fred and Sally Stickney, Kim Slaney, Larry and Erlene Benevento, Pam and Bud Sheble, Lex and Susie Fletcher, Greg O'Brien, Chris Logan, Bob Smeenk, Regina Stoops, and Julie Wesolek.



Greg O'Brien, Fred Stickney, Bob Smeenk, Sally Stickney, Kim Slaney



Holiday sweaters were out in full force!

As usual we had a Y mixer to start and later, Regina, who is a part time stand-up comedian in real life, entertained us after lunch.



Lunch was great and the bavarian decor inviting.

Retired YMCA Directors Return to Help

So much has transpired at Camp Loma Mar, nestled in Loma Mar, CA, a cherished YMCA camp, under the auspices of the YMCA of the East Bay, over the past few years. If you haven't had the chance to visit YMCA Camp Loma Mar recently, you'd find it vastly different from a decade ago.

Numerous renovations have revitalized the camp facilities, thanks to the collaborative efforts of Camp Executive Director **Ryan James** and Chief Development Officer **Manny Nungaray**, both who welcomed former CEO **Fred Stickney** and former Camp Director **Bud Sheble** to return and organize others from the past to help. We owe immense gratitude to both Fred and Bud, and many former Camp Loma Mar Staff Alumni from 1968-1973, as well as past campers, whose contributions have made these transformations possible.

Cabin Renovations

We've enhanced the safety and comfort of our cabins, ensuring that every camper has a cozy and secure haven during their stay. Under the leadership of **Fred Stickney**, the cabin campaign has successfully sponsored the renovation of the 12 cabins in Redwood Village, raising over \$75,000. Six of these cabins have been sponsored and are now named **Fred and Sally Stickney, Elsie Craig, Kathy Catanho, Craig Thomas, Liz Pfeffer, and Sholeh Mirzai**. Six cabins remain available for sponsorship with a gift of \$15,000 each. A dedication of the cabin improvements was held on Sunday, October 2, 2022, welcoming all six cabin donors for the dedication and a tour of Camp Loma Mar.



Fred Stickney and granddaughter Adelle Pease. The cabin is in honor of her Mother, the Stickneys' daughter, Teri Stickney Pease who worked at Loma Mart for several years. Teri passed away when Adelle was 11.



Kathy Catanho was a camper, counsellor, a program staff member and Camp Director at Camp Loma Mar in the '60s and 70's, and 80's.



Donors, Family and Friends gather for the dedication of Cabins.



Donors enjoyed the view from one of the newly renovated cabins

Campfire Bowl Renovation



The campfire bowl has been completely renovated and revitalized with an all-new stage, seating, and signage. Electrical enhancements to the bowl have reinvigorated this central gathering space, where friendships are forged, stories are shared, and memories are made around the warmth of the fire—the campfire bowl campaign raised over \$86,000, spearheaded by **Bud Sheble**, and assisted by **Larry Benevento**, former Camp Program Director. At a reunion gathering of 1968-1973 Alumni Staff on October 7, 2023, the



Bud Sheble and Larry Benevento

campfire bowl ribbon-cutting ceremony was held to honor Bud and Larry, and the Alumni Staff for their dedication, leadership, and financial support. A large plaque with all of the donors' names was presented. It will be mounted at the bowl. During the reunion, 30 former staff, now in their 70s, joined in singing the old campfire songs and reliving the old skits that they remembered when they were in their 20s. Former Camp Director **Kathy Catanho**, who herself donated and helped each of the two major renovation projects, led the group's campfire program. After all was completed, the East

Bay YMCA decided to name the Campfire Bowl **Bud Sheble Family Campfire Bowl**.

The organizing and philanthropic contributions of returning former YMCA Directors have left an indelible mark on the experiences of the children and young adults who seek solace and growth within the embrace of Camp Loma Mar. This invaluable investment has paved the way for significant facility improvements that will enrich the lives of our campers, fostering even more memorable and life-changing moments.



Staff from the late 60's and early 70's gathered for a reunion and dedication of the campfire bowl

We encourage other retired YMCA staff to consider taking on a leadership role for accomplishing a needed project at one of their former YMCA locations. Bud says that organizing a reunion to engage others to help is a good approach to achieving a successful outcome..

If anyone wants to sponsor a cabin or support Camp Loma Mar in any way, please contact Manny Nungaray at mnungaray@ymcaeastbay.org.

The YMCA of the East Bay thanks everyone who came back from the past to provide their continued support and dedication to Camp Loma Mar.

Submitted by:

Manny Nungaray (Chief Development Officer, YMCA of the East Bay) and

Bud Sheble (Former Camping Services Director, YMCA of the East Bay)

Member News

Eli and Barbara Cardenas (San Jose, CA)
Christmas morning on Maui. A beautiful moment. Praying for recovery from the immense devastation the island has experienced due to the Lahaina fire.



Chris Logan (Palo Alto, CA)

Luckily Chris has family living close by, a son and his girlfriend in San Francisco and a daughter and family in Monterey. She enjoyed the holiday season with her family, spending a wonderful evening at the Filoli Estate Christmas light show.



Chris and grandson Milo
enjoying the tunnel of lights

Bud and Pam Sheble (Belmont, CA) After spending a hectic Christmas holiday, 19 for Christmas dinner, we took our boat "From Pier to Eternity" up to the Pittsburg Yacht Club with 10 other boats. Each year the Pittsburg Club invites us to join with them for a wonderful Prime Rib dinner and party.

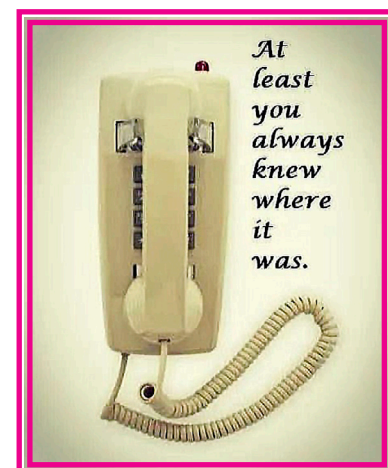
The evening included a DJ, dancing, and a Casino Night. Most of us opted for the 9 o'clock New York New Year, and our group had champagne toasts on one of the boats. The weather was cold but dry and we had a wonderful 3 days.



Shebles on left - New Year's Eve with friends



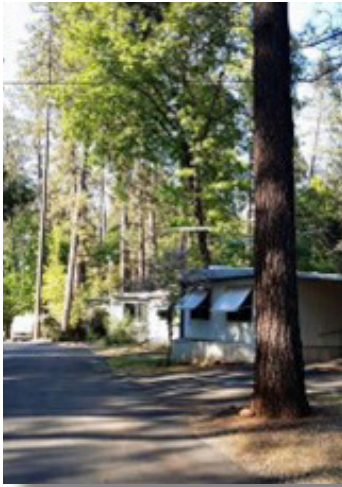
Your news could have been here too!
Next time send it to Pam Sheble –
pamsheble@comcast.net



Forest Glen Park - Rising From The Ashes

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Submitted by Kathy Catanho



Above: The Park before the fire. Below: After the fire (note mailboxes) and Forest Glen now (note new mailboxes).

This is a final update on my mobile home park burned to the ground, in the Paradise Campfire caused by PG&E.

We finally reopened part of the park last June, 2023. We are now fully opened (almost) - 23 of 24 spaces. Out of the 37 parks in the area, I am one of a handful that have gotten this far. The park is at 80+% occupancy, with all

RV's, except the mobile home for my manager. A few parks are bringing in mobiles to sell in place. That is very expensive!! My very small mobile (800 sq feet) being used by my manager, cost me about \$130k for the unit, transport, set up, permits, Etc.

My loss (in terms of replacement costs) came out to about \$3.1 million, which is what I submitted to the Fire Victim Trust (funded by PGE cash and PG&E stock). An interesting aside about that process. Neither I, or my attorney heard ANYTHING from the FVT about my particular claim for at least 2 years post submittal of my claim, although my tenants did receive payouts.

The fire started on November 8, 2018. On Oct. 9, 2022 I googled the Fire Victim Trust and found a phone number. I called and they answered. I tried to get some information about my claim, but struck out until they gave me the contact information for the person in charge. Long story, short version is that per-



son, **Cathy Yanni**, responded to my email and pulled the claim for review and in late December I finally received a check from the Trust for \$950,000. It's hard to remember the details now, but my insurance paid out about \$650,000. That was quickly swallowed up. The FVT (Fire Victims Trust) accepted my submittal in full (in other words, they didn't question my valuation of my loss) and I was able to get the park back up and running again!





Treasurer's Report

By Pam Sheble
Interim Treasurer



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The following is the report as of January 31, 2024.

Beginning Balance (July 1, 2023)
\$6957.66

Income (July 1, 2023 - January 31, 2024)

Member Donations	\$2685.00
Events	\$1600.00
Non Member Donations	\$3500.00

Total Income **\$7785.00**

Expense

Newsletter	-\$889.83
Zoom Subscription	-\$149.90
Gold County Event	-\$1119.95
Christmas Lunch room rental	-\$100.00
McCoy Award	\$500.00
Donation to Nat'l Serv. Project	-\$500.00
ATM Card Replacement	-\$15.00

Total Expenses **-\$3274.68**

January 31, 2024

Ending Balance - **\$11,467.98**

Note: Special Thanks to Jan Pipkin for generous donations - \$1,000.00 to Emergency Assistance Fund on behalf of McCoy Chapter and \$3500 to the McCoy Chapter with the designation that \$500 be donated to the National Service Project. The balance is not restricted but given to help subsidize future events.

If you have not renewed for 2024, payments may be made either online at <https://www.ymcaalumni.org> or mailed to:

YMCA Alumni

Attn: Cindy Koenig, Asst. Treasurer

P.O. Box 725

West Chester, OH 45071

Be sure to reference the **McCoy Chapter**. Thanks!

Pam

Interim Treasurer

Summer Fun in the Inland Northwest Spokane, WA and Northern Idaho

Tuesday June 18 – Friday June 21

- We invite you back to Spokane to reunite with Y Alumni friends for Summer Fun in the Inland Northwest 2024. Summer is the perfect time to visit and this year's event has something for everybody.

- Registration Fee is \$335 per person - DEAD-LINE FOR REGISTRATION IS MAY 16. Your fee includes the guided tour of the Silver Valley, Tuesday dinner at Clinkerdagger, Wednesday lunch in Wallace ID, Wednesday barbecue at the Reed's...and all the summer fun you can handle!

- Hotel: A room block has been reserved at the Centennial Hotel located on the Spokane River in downtown Spokane. When booking your room take advantage of our Y Alumni discount, good thru May 16 - YMCA Alumni Allen Stone Chapter Room Block. Centennial Hotel phone: 509-326-8000

- For more information and a Registration Form-contact - richwallis@comcast.net.

Important Websites to Checkout:

Y Alumni Website:

<https://ymcaalumni.org>



Y Alumni newsletter is available online Y Alumni members 12 times a year. Go to above website and join now.

Y Alumni Travel Club:

<http://www.ymcaalumnitravelclub.org>

YMCA Retirement Fund Website:

<http://www.yretirement.org/default.aspx>

Online readers click below:

[McCoy Chapter Alumni FaceBook Page](#)

Printed copy readers go to:
www.facebook.com and search for
McCoy Chapter Alumni.



YMCA ALUMNI - NATIONAL SERVICE PROJECT

Sioux YMCA, South Dakota

"Tiny Homes"

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There has been a change in McCoy Representation to the National Service Project. Lee Muckey has agreed to becoming the new McCoy Representative, replacing Bob Smeenk. Bob will remain on the Boots on the Ground and Construction Committees for the Tiny Homes Project.

Lee and Tracy volunteered last year at the project site. Tracy is the McCoy chair for World Service. Thank you both for your dedication and leadership.

This year the focus for the Tiny Homes project has been volunteer recruitment. To date :

Wave 1: May 7 - 14.	7 openings left
Wave 2: May 14 - 21.	11 openings left
Wave 3: Sept. 10 - 17.	15 openings left
Wave 4: Sept. 17-21.	Full
Wave 5: Sept 24-Oct. 1.	6 openings

To register, go to the Project page on the YMCA Alumni Project web site. At the bottom of the page you will find a registration form.

The fee is \$575 (meals, lodging and airport transportation included).

If you find your own lodging, the fee is \$375.

THIS COULD BE YOU



George Painter

George has been the driving force behind our recent Y Alumni National Service Project as the volunteer construction manager, overseeing both the Tiny Homes and remote Y Twigs initiatives.

George's commitment to our cause and his tireless efforts have truly made a lasting impact on our projects. His dedication, expertise, and passion for community service have not only enriched the lives of those we serve but have also inspired everyone around him.



George worked for YMCAs on the East Coast for over 45 years, as a camp counselor, unit and adventure tripler, program director, environmental education director, and executive director. During his career as a YMCA executive director, he dramatically grew programs and helped raise and invest over \$12 million in YMCA Camp facilities. Once retired, he became involved with the YMCA Alumni organization and has been on the National Service Project (NSP) committee for 5 years. He is inspired that YMCA Alumni have been able to raise close to \$1 million for this project on the Cheyenne River Reservation for the Lakota Tribe. As Construction Manager for the NSP, he oversees the purchase of all building materials and tools and leads over 200 volunteers from all over the country on the building site. 2024 will be our third year of construction of a village of tiny homes!"

Thank you, George, for your outstanding leadership and hard work. Your selfless contributions have played a pivotal role in the success of our projects, and we are truly grateful to have you as a part of our volunteer community.



Congratulations and best wishes to these couples:

70 Years

Rev. Matthew & Yee-Ling Fong
April 10

61 Years

Don & Susan Anderson May 11

55 Years

Neil and Marcia Homer May 4

47 Years

Marshall and Judy Pike May 7

16 Years

Lee & Tracy Muckey April 21

We would really like to acknowledge all wedding anniversary dates and birthdays, so please give us yours. Email the information to Pam Sheble at pamsheble@comcast.net or mail to 2730 Sequoia Way, Belmont, CA 94002.



Please let us know your birthday so we may light a candle for you.

Chuck Osborn	Feb 5
Nancy Houser	Feb 6
Eli Cardenas	Feb 13
David Kirk	Feb 16
Don Huebner	Feb 21
Michael Wiley	Feb 22
Barbara Cardenas	Feb 24
Liz Gallegos-Glynn	Feb 28
Joe Glynn	Feb 28
Royce Starr	Mar 13
Maria Garcia	Mar 20
Kathy Catanho	Mar 23
Deane Shokes	Mar 25
Bob Smeenk	Mar 26
Carl DuBois	Mar 28
Susan Anderson	Apr 8
John Fesler	Apr 9
Susan Ahlquist	Apr 14
Rev. Matthew Fong	Apr 17
Al Olson	Apr 20
Marcy Doane	Apr 22
Jan Fesler	Apr 23
Patt Mayer	Apr 27
Susan Hill	Apr 29
Elizabeth Isa	May 1
Bud Sheble	May 5
Michele La Gamma	May 6
Mary Alice Thorton	May 7
Catherine Moulton	May 13
Steve Dale	May 23
Fred Stickney	May 25
Richard Pemberton	May 25
Richard Hill	May 26
Barbara Drake	May 27





Oregon Shakespeare Festival Ashland, OR May 1st - 4th

This year's Shakespeare Festival outing in picturesque Ashland, Oregon, features 2 matinees, 2 catered meals, guest speakers and great fellowship opportunities!

Once again, we will be home-based at the Holiday Inn Express & Suites, 565 Clover Lane, Ashland (541.201.0202). We have a block of rooms set aside for you under YMCA Retiree Alumni. The rooms are \$129 per night, plus tax, and include the use of the conference room for our opening social, as well as a place to gather throughout our stay. Amenities include complimentary self-serve breakfast, as well as a place to gather throughout our stay. Amenities include complimentary self-serve breakfast, indoor pool and fitness center, wireless internet, refrigerators, and microwaves in every room. You may cancel without penalty by April 10, 2024.

BORN WITH TEETH (Thursday, May 2, 1:30 pm)

Optional Preface Wednesday, May 1, 5:30 pm

"Madmen like us reinvent the world" - William Shakespeare and Christopher Marlowe are two of the greatest writers of their time. If only they'd stop bickering long enough to pick up a quill. In this razor-sharp imagined encounter by Liz Duffy Adams, the two men go head-to-head, fighting, flirting, and festering in the back room of a pub while attempting to collaborate on a play cycle. Set against the backdrop of an aging ruler, an oppressive police state, and constant threat of spies, ***Born with Teeth*** is a high-stakes dramatization of history that remarkably mirrors the present day.



MACBETH (Friday, May 3, 1:30 pm)

Optional Preface Thursday, May 2, 5:30 pm

"Blood will have blood" - In this powerful exploration of fate, an unexpected prophesy sends Scottish general Macbeth on a feverish and murderous quest to become king. With startlingly beautiful language, Shakespeare's revered tragedy reveals the underbelly of ambition in a world steeped in power mongering, war, and magic. This muscular, modern production – an ensemble-based showcase for OSF's acting company is directed by former OSF Associate Artistic Director Evren Odcikin.



The cost of this year's event is \$160 per person which includes both plays and Wednesday and Friday night meals. Lodging is separate as referenced above. Prefaces are optional at \$7.50 per person. They typically run about 30 minutes and can be quite enlightening. For more information on the plays and prefaces, as well as general theater questions, visit www.osfashland.org. Our registration ends March 25, 2024, or until all tickets have been sold.

If you have any questions, call Cathy Howard, Event Coordinator, at 541-601-2499 or gmacassie@aol.com.

(Registration form is on following page)

Shakespeare Festival 2024 Registration

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Name _____ Name _____

Street Address _____ City/State/Zip _____

Email and Phone _____

Please register _____ person(s) at \$160 per person. Total \$ _____

Macbeth Preface _____ person(s) at \$7.50 per person. Total \$ _____

Born with Teeth Preface _____ person(s) at \$7.50 per person. Total \$ _____

Request Accessible Seating _____ Enclosed Total \$ _____

Make checks payable to **Allen-Stone Chapter YMCA Alumni** and return with completed registration form
NO LATER THAN MARCH 25, 2024 to Jim Leigh, 7760 Angel Falls Way, Redmond, OR, 97756.

(253) 219-0613, jimfleigh@gmail.com).

